



lenna ★★

Lenna Loves babies! She's had experience with running a daycare, being a nanny, a caregiver, and teaching lower elementary grades in a private school for 22 years in northern BC (between getting married and then birthing three daughters and a son). In 2013 her family moved to the BC's lower mainland with the exception of her eldest daughter.

Lenna recently became "Grandma" to an adorable baby girl and had the privilege of being at her birth and with her for the following month. Lenna is detailed and likes tidying up between helping Moms and babies flourish through being a postnatal doula with Mother Me.

Certifications *Mother Me Doula Training:*

- (1) PPD
- (2) Nestle - Baby's First Days
- (3) Harvey Karp - Happiest Babies
- (4) Keeper of the Rituals
- Lactation consultant
- Infant CPR
- Criminal Record Check

Client Feedback *"Lenna was a great help with our family to get our daytime routine in place."*

"Lenna went above and beyond what was expected and has been such a gift in our lives. Her knowledge, support, and complete attention to my baby girl allowed me to feel comfortable and relaxed. She enabled me to get the extra rest I needed in order to be a better mom and wife. Thank you so much Mother Me! Everyone needs a Lenna in their life!"